



CPR Ready

CPR Training Resource Sheet

Hands-Only CPR Training (No Certification)

Training Provider	Price	Course Size	Course Time
American Heart Association *	\$38.50	Teach yourself course w/ DVD & manikin	30 Minutes
CPAT Network	Varies	Call (215) 669-5567 for info	1 Hour
The Mobile CPR Project	Free	Minimum of 10	1 Hour
Youth Heart Watch	Free	Minimum of 10	1 Hour

CPR Certification Courses

Training Provider	Course Name	Price per Person	Course Size	Course Time
American Heart Association	Heartsaver CPR AED	\$40 - \$80	Call (215) 575-5232	4.5 Hours
American Red Cross	Adult CPR AED & First Aid	\$93	Up to 12	5.5 Hours
CPAT Network	Heartsaver CPR AED	\$60	Up to 20 People	4 Hours
Qualified CPR	Heartsaver CPR AED	\$40 - \$60	Up to 18	4 Hours

Online CPR Courses (No Certification Unless Noted)

Training Provider	Training Website	Course Name	Price per Person	Course Time
American Red Cross	www.redcross.org	Adult CPR AED	\$25	1 Hour
American Academy of CPR & First Aid	www.onlinecprcertification.net	Adult CPR with Certification	Certification: \$14.99 No Certification: Free	30 Minutes
Pacific Medical Training	https://pacificmedicalacls.com/	BLS Recertification Course	Certification: \$65.00	3 Hours

Training Provider Contact Information

Training Provider	Contact Name	Email	Phone Number
American Heart Association	Jennifer Litchman	jennifer.litchman@heart.org	(215) 575-5232
American Red Cross	Mike Kiley-Zufelt	mike.kiley-zufelt@redcross.org	(215) 299-4067
CPAT Network	Joseph Russell	getcprnow@aol.com	(215) 669-5567
Qualified CPR	Antonia Rowan	arowan711@gmail.com	(215) 617-1470
The Mobile CPR Project	Nabil Abdulhay	TheMobileCPRProject@uphs.upenn.edu	(215) 746-4631
Youth Heart Watch	Zane Schultz	schultzz@email.chop.edu	(215) 426-7389

* Free training classes available for low socioeconomic communities.